Regenerative Medicine Center Alabama

Date: _____

Name: _____

Chart: _____

Do You Have Symptoms Of Andropause?

- ☐ Abdominal Fat
- ☐ Aches & Pains
- ☐ Allergic Conditions
- ☐ Anger/ Irritable
- ☐ Anxious/ Anxiety
- ☐ Bone Loss
- ☐ Breast Enlargement
- ☐ Chronic or Autoimmune Illness
- ☐ Cold Body Temperature
- ☐ Constipation
- ☐ Decreased Beard
- ☐ Decreased Desire & Fantasies
- ☐ Decreased Effectiveness of Workouts
- ☐ Decreased Erectile Tension
- ☐ Decreased Exercise Capacity
- ☐ Decreased Intensity of Orgasms
- ☐ Decreased Libido
- ☐ Decreased Stamina
- ☐ Decreased Strength
- ☐ Decreased Morning Erections
- ☐ Decreased Muscle Mass
- ☐ Decreased Urine Flow
- ☐ Depressed/ Apathy
- ☐ Elevated Hemoglobin A1C levels
- ☐ Elevated Triglycerides/ Cholesterol
- ☐ Erectile Dysfunction
- ☐ Falling Level of Fitness
- ☐ Fatigue/ Lethargic
- ☐ Fibromyalgia
- ☐ Forgetfulness
- ☐ Headaches/ Lightheaded/ Dizzy
- ☐ Hot Flashes
- ☐ Inability to Concentrate
- ☐ Infertility Problems
- ☐ Increased Urinary Urge
- ☐ Insulin Resistance/ Blood Sugar Imbalance
- ☐ Longer Recovery Time Between Orgasms
- ☐ Loss of Drive & Competitive Edge
- ☐ Memory Lapses
- ☐ Mental Fatigue/ Feeling Burned Out
- ☐ Metabolic Syndrome
- ☐ Mood Swings
- ☐ Nervous
- ☐ New Onset Heart Disease
- ☐ New Onset Hypertension
- ☐ Night Sweats
- ☐ Oily Skin
- ☐ Prostate Problems
- ☐ Premature Aging
- ☐ Shortness of Breath w/ Activities
- ☐ Sleep Disturbances/ Insomnia
- ☐ Stiffness & Pain in Muscles & Joints
- ☐ Stress
- ☐ Susceptible To Infections
- ☐ Swelling of Ankles/ Varicose
- ☐ Thinning Hair
- ☐ Thinning Sagging Skin
- ☐ "Use to could" but can't now
- ☐ Weight Gain

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